



AIKIDO
SHUGYO
DOJO

Return to practice protocol

When a person has been removed from practice due to a concussion or suspected concussion;

- 1 – Must notify the Dojo-cho prior to returning to practice
- 2 – Must have acquired medical attention and have been cleared by a doctor to return to practice
- 3 – Must review and sign a Review of Concussion Awareness Resource sheet at the dojo prior to practice
- 4 – If under the age of 18, both parent and child must review the Concussion Awareness Resource prior to signing the sheet