



Children's Testing Requirements

10th Kyu (20 Practice days)

- Dojo Etiquette - arrigato gozaimasu, oneigaishimas
- Wrist excersizes: ikkyo, nikkyo, sankyo, kotegaeshi
- taisabaki: tenkan
- hanmi: right hanmi, left hanmi
- kamae: ai-hanmi, gyaku-hanmi

9th Kyu (30 Practice days)

- Dojo etiquette
- Tie belt
- Taisabaki: irimi, tenkan
- Ukemi: shikko - mai (forward)

8th Kyu (40 Practice days)

- Dojo etiquette
- Tie belt
- Taisabaki: irimi, tenkan, tenkan mawate
- Attacks: katate tori – gyaku-hanmi, ai-hanmi; ryotedori; tsuki
- Ukemi: kneeling mai-kaiten, kneeling ushiro-kaiten, shikko – mai, ushiro
- Kokyo dosa

7th Kyu (50 Practice days)

- Dojo etiquette
- Attacks: ryotedori, tsuki, shomenuchi
- Taisabaki: tenkan against tsuki, tenkan against shomenuchi

- Ukemi: mai-kaiten, ushiro-kaiten, shikko - mai, ushiro
- Ai-hanmi katatedori ikkyo
- Kokyo dosa

6th Kyu

'A' level (40 practice days)

- Attacks: shomenuchi
- Ukemi: mai-kaiten, ushiro-kaiten
- tenkan against tsuki
- Ai-hanmi katate dori ikkyo
- gyaku hanmi katate dori shihonage ura

'B' level (40 practice days)

- Ai-hanmi katate dori kotegaeshi
- Ai-hanmi katate dori iriminage
- Ryotedori tenshinage
- gyaku hanmi katate dori shihonage omote

5th Kyu

'A' level (50 practice days)

- Attacks: tsuki, shomenuchi
- Ukemi: crossover mai-kaiten
- Ai-hanmi katate dori kotegaeshi
- Ryotedori tenshinage

'B' level (50 practice days)

- Shomenuchi ikkyo
- Shomenuchi iriminage
- Gyaku-hanmi katate dori shihonage (omote and ura)
- Kokyo dosa

4th Kyu (100 Practice days)

- Shomenuchi ikkyo suwari waza, omote and ura

* When age appropriate, children will take 6th and above tests again, at the adult level.